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#### Abstract

3 Confidence leak (i.e., confidence serial dependence) is a phenomenon where confidence 4 from a previous trial predicts confidence in a current trial independent of current choice or 5 accuracy. Confidence leak has been shown to robustly occur across various cognitive domains 6 and tasks. However, it remains unclear what factors, if any, modulate the strength of the 7 confidence serial dependence. Here we investigate whether switching the motor response in a 8 perceptual decision-making task influences the strength of the confidence leak effect. Subjects 9 indicated the orientation of a Gabor patch using their left or right hand, with the response hand 10 being randomly cued on each trial. We found that switching the response substantially weakened 11 the confidence leak effect. We further replicated this finding in a second experiment in which 12 left-hand responses were given using a keyboard and right-hand responses were given with a 13 mouse. In both experiments, we also found that confidence leak was weaker whenever the left 14 hand was used in the previous trial, suggesting that lack of motor fluency reduces the strength of 15 confidence serial dependence. These results demonstrate that switching the motor response 16 weakens serial dependencies and imply that the action required to make a choice can impact 17 one's metacognitive evaluations.

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#### 19 **1. Introduction**

20 A confidence judgment about a current stimulus can be predicted from a previous 21 confidence judgment about a different stimulus. This confidence serial dependence phenomenon 22 is known as "confidence leak" (Rahnev et al., 2015; Mei et al., 2023). Confidence leak is thought 23 to occur across virtually any task and domain but nonetheless remains severely underexplored. In fact, it has been explicitly investigated in only five papers (Mueller & Weidemann, 2008; 24 25 Rahnev et al., 2015; Kantner et al., 2019; Aguilar-Lleyda et al., 2021; Mei et al., 2023) and one 26 conference abstract (Ng et al., 2021). 27 The earliest investigation of confidence leak appears to be in a paper focused on 28 providing evidence for decision noise in perceptual decision-making (Mueller & Weidemann, 29 2008). Mueller & Weidemann showed that subjects had a tendency to repeat the same 30 confidence judgment in consecutive trials, which shows the existence of noise in the confidence 31 criterion placement. The first paper specifically devoted to confidence serial dependence showed 32 that confidence leaks across different perceptual tasks and different ways of indicating 33 confidence, thus ruling out simple motor confounds (Rahnev et al., 2015). Confidence leak was 34 subsequently demonstrated within recognition memory and was even shown to occur across tasks from different domains (in this case memory and perception) (Kantner et al., 2019). 35 Similarly, Mei et al. (2023) showed that a classifier trained on confidence serial dependence in 36 37 one domain can predict confidence serial dependence in different domains. Finally, confidence 38 leak has been shown to occur even when the previous trial did not require an explicit confidence 39 judgment (Aguilar-Lleyda et al., 2021).

40 As the brief review above shows, while confidence leak has been established as a 41 ubiquitous and robust phenomenon, it is still unclear whether the strength of the effect can be modulated. One particular source of modulation could be the motor action used to make a 42 43 response. Indeed, both first-order choices and confidence judgments in simple psychophysical 44 tasks are mediated by the action required to indicate the decision (Prinz, 1990; Creem-Regehr & 45 Kunz, 2010; Lepora & Pezzulo, 2015; Selen et al., 2012; Burk et al., 2014; Fleming et al., 2015; 46 Gajdos et al., 2019; Kubanek et al., 2024). Some modulations of first-order choices include the 47 motor effort (Burk et al., 2014) or the motor cost (Gajdos et al., 2019) of the action associated 48 with the decision, where perceptual decisions associated with less costly actions are preferred. Confidence judgments have also been shown to depend on the perceptual-motor mapping of 49 50 representations (Faivre et al., 2020; Fleming et al., 2015; Gajdos et al., 2019). For example, TMS 51 perturbations of premotor cortical regions influence confidence without affecting signal 52 discrimination abilities (Fleming et al., 2015). Overall, motor actions have been shown to 53 robustly affect confidence judgments, but whether or not they also modulate confidence serial 54 dependence remains unknown.

To test whether the perceptual-motor link also mediates the strength of the confidence leak effect, we conducted two experiments where subjects completed an orientation discrimination task. Critically, on different trials, subjects were randomly cued to respond using either the left or right hand. We found that switching the motor response significantly decreased the strength of confidence serial dependence. However, we also found that using the left hand on the previous trial was associated with weaker confidence leak, suggesting an underlying mechanism that goes beyond recently formed perceptual-motor mappings. These results suggest 62 that different motor aspects of making a decision influence the amount of confidence leak63 observed in future judgments.

64 **2.** Methods

#### 65 **2.1. Subjects**

Forty-five subjects participated in Experiment 1 and 51 subjects participated in Experiment 2. These sample sizes allow for power of 91% and 94%, respectively, to detect a medium effect size (Cohen's d = .5) with a false alarm rate of alpha = .05. A total of four subjects were excluded (three for Experiment 1 and one for Experiment 2) for using a single confidence rating in over 90% of the trials, because such extreme responses make estimates of confidence serial dependence unstable. All had normal or corrected-to-normal vision and signed a consent form prior to participation.

#### 73 2.2. Stimuli and procedure

74 In both experiments, subjects completed a 2-choice orientation discrimination task. Each trial began with a 500-ms fixations screen, followed by a Gabor patch presented for 200 ms in 75 the center of the screen (Figure 1). After the stimulus disappeared, subjects were required to 76 77 indicate the correct Gabor patch orientation (counterclockwise vs. clockwise from vertical). 78 After they made a choice, subjects gave a confidence rating on a 4-point scale where 1 is the 79 lowest and 4 is the highest confidence rating. Both decisions were untimed. The Gabor patches (size =  $4^{\circ}$  of visual angle) were oriented  $45^{\circ}$  clockwise or counterclockwise relative to vertical, 80 81 with a spatial frequency of 1.5 cycles per degree. The Gabor patches were presented in two

82 contrast conditions (low vs. high). Both Gabor orientations appeared with equal probability



83 throughout the experiment.

Figure 1. An example trial. A 500-ms fixation cross was followed by a 200-ms Gabor patch oriented either clockwise (CW) or counterclockwise (CCW). Subjects indicated the tilt of the Gabor patch and gave confidence on a 4-point scale. In Experiment 1, the text that served as the decision prompt was positioned either on the left or right side of the screen and indicated which hand the response should be made with. In Experiment 2, left-hand responses were made with the keyboard, whereas right-hand responses were made with a mouse. In both experiments, the confidence judgment was made with the same hand as the perceptual decision.

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- Both experiments consisted of a total of 1000 trials separated into 4 runs, where each run
  consisted of 5 blocks of 50 trials each. Subjects were given 15-second breaks between blocks and
  unlimited breaks between runs.
- 96 The training phase consisted of three blocks in total. The first block consisted of 20 trials
  97 where the Gabor contrast was fixed to 0.4. The other two training blocks consisted of 15 trials
  98 each with Gabor contrast set to 0.18 and 0.14, respectively. Decreasing contrast at this rate made

99 the task harder with each training block. During the training session, subjects were given trial-100 by-trial feedback about the accuracy of their response. The training blocks were followed by two 101 staircase blocks used to estimate the optimal contrast level for each subject. The first staircase 102 block was a 2-down-1-up with a step size of .01 and a total of 14 reversals. The second staircase 103 was a 3-down-1-up and had the same parameters. The two contrast levels in the actual 104 experiment (low vs. high) were set separately for each subject by either dividing the mean value 105 across the two staircases by 1.2 (resulting in a low contrast value) or multiplying it by 1.2 106 (resulting in a high contrast value). The average values of the low and high contrasts were 8.1% 107 (SD = 0.09) and 11% (SD = 0.09) for Experiment 1, and 5.8% (SD = 0.01) and 8.4% (SD = 0.01) 108 for Experiment 2, respectively.

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### 2.2.1 Experiment 1: Keyboard only

110 In Experiment 1, subjects were instructed to make their perceptual and confidence 111 decisions with either the left or right hand using a keyboard. Left- and right-hand prompts 112 appeared with equal probability throughout the experiment. The hand condition was randomly 113 determined on each trial with no constraints relative to the previous trials. Perceptual and 114 confidence responses within a trial were always given with the same hand. Whenever the left 115 hand was prompted, responses were given by pressing "Z" for a counterclockwise-oriented Gabor and "X" for a clockwise-oriented Gabor, and confidence ratings were given via "Z", "X", 116 "C", and "V", where "Z" indicated the lowest confidence and "V" indicated to the highest 117 118 confidence. Similarly, when the right hand was prompted, responses were given by pressing "N" 119 for a counterclockwise-oriented Gabor and "M" for a clockwise-oriented Gabor. Confidence ratings were given via the "N", "M", "<" and ">" keys, where "N" indicated the lowest 120 confidence and ">" indicated the highest confidence. 121

#### 122 2.2.2 Experiment 2: Keyboard and mouse

123 In Experiment 2, subjects were instructed to make their perceptual and confidence 124 decisions with either a keyboard (using their left hand) or a mouse (using their right hand). As in 125 Experiment 1, left- and right-hand prompts were determined randomly on a trial-by-trial basis. 126 The left-hand keyboard responses were the same as in Experiment 1: subjects gave their 127 responses by pressing "Z" for a counterclockwise-oriented Gabor and "X" for a clockwiseoriented Gabor and gave their confidence ratings with keys "Z" through "V". Subjects gave 128 129 mouse responses by checking boxes on the screen to first give their perceptual judgment and 130 subsequently indicate their confidence rating on a 4-point scale.

### 131 **2.3. Apparatus**

Stimuli in both experiments were generated using Psychophysics Toolbox in MATLAB
(MathWorks, Natick, MA) and were presented on a gray background (6.0 cd/m2). The task was
ran on an iMac monitor (19 inch monitor size, 1680 × 1050 pixel resolution, 60 Hz refresh rate).
Subjects sat 60 cm away from the monitor.

#### 136 **2.4. Analyses**

We first excluded trials with response times (RTs) over 3000 ms in either the perceptual or confidence judgment (2.24% and 4.65% of trials were excluded in Experiments 1 and 2, respectively). Out of these, 2.08% and 0.95% trials featured overly slow perceptual responses, 0.13% and 2.64% trials featured overly slow confidence responses, and 0.02% and 1.06% trials featured overly slow responses of both types. We used repeated measures ANOVAs to assess the effect of current and previous contrast on confidence and task performance. We then employed linear regression to compute both choice and confidence serial dependence by fitting the lagged
series (t-1) of trials as a predictor of the regular time series for repeat-hand and switch-hand trials
separately:

146 
$$\operatorname{Response}_{t} = \beta_0 + \beta_1 \operatorname{Response}_{t-1} + \epsilon_t$$

147 Confidence<sub>t</sub> = 
$$\beta_0 + \beta_1$$
Confidence<sub>t-1</sub> +  $\epsilon_t$ 

148 We used paired sample t-tests to compare the beta coefficients, accuracy, confidence, RT, 149 and metacognitive sensitivity for repeat-hand and switch-hand trials. To assess the effect of hand 150 switching on metacognitive sensitivity, we used the metadpy package for Python (Fleming, 151 2017) and computed meta-d' (Maniscalco & Lau, 2012; 2014) separately for repeat-hand and 152 switch-hand trials. To assess whether hand dominance modulated confidence leak and average 153 confidence, we assumed that statistically the majority of our subjects would be right-handed 154 since we did not record hand dominance. We used the same analyses for comparing previous 155 left-hand and right-hand responses.

#### 156 **2.5. Data and Code**

157 All data and code are available at <u>https://osf.io/qjwdx/</u>.

158 **3. Results** 

Our goal was to investigate how motor aspects of making a decision influence confidence serial dependence. To do so, we manipulated the hand with which subjects gave their motor response. We then compared confidence serial dependence when the same hand was used in consecutive trials vs. when a hand switch occurred.

#### 163 **3.1. Manipulation checks**

164	We first confirmed that subjects performed better for high compared to low Gabor
165	contrast. This was indeed the case for both experiments (Expt 1: high contrast = 82% correct;
166	low contrast = 69% correct (t(41) = 19.9, p = 1.06 x $10^{-22}$ , Cohen's $d = 3.07$ ; Expt 2: high
167	contrast = 80% correct; low contrast = 67% correct (t(49) = 27.8, p = 1.01 x $10^{-31}$ , Cohen's $d =$
168	3.94). Similarly, higher Gabor contrast led to higher confidence ratings (Expt 1: $t(41) = 9.29$ , p =

169 1.21 x 10<sup>-11</sup>, Cohen's d = 1.43; Expt 2: t(49) = 10.48, p = 4.10 x 10<sup>-14</sup>, Cohen's d = 1.48).

170 We further confirmed the existence of robust confidence serial dependence (Expt 1:

171 average 
$$\beta = .3$$
, p = 3.44 x 10<sup>-18</sup>, Cohen's d = 2.3; Expt 2: average  $\beta = .3$ , p = 1.33 x 10<sup>-21</sup>,

172 Cohen's d = 2.3). Similar to Rahnev et al., (2015), experimentally manipulating confidence on

the previous trial by varying the contrast level of Gabor patches had a causal effect on

174 confidence on the current trial (Expt 1: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $p = 1.03 \times 10^{-8}$ ,  $\eta_p^2 = .55$ ; Expt 2: F(1, 41) = 50.61,  $h = 1.03 \times 10^{-8}$ ,  $h = 1.03 \times 10^{$ 

175 49) = 52.89, p = 2.46 x  $10^{-9}$ ,  $\eta_p^2$  = .51).

## 176 **3.2.** Confidence leak strength decreases for switch-hand trials

Having established the existence of robust confidence leak, we then turned to the main 177 178 analyses where we compared confidence leak between repeat-hand and switch-hand trials. In Experiment 1, we found significant confidence leak for both repeat-hand (average  $\beta = .33$ , t(41) 179 = 15.9, p = 3.76 x 10<sup>-19</sup>, Cohen's d = 2.43) and switch-hand trials (average  $\beta = .28$ , t(41) = 13.2, 180  $p = 2.56 \times 10^{-16}$ , Cohen's d = 2.03). Critically, the strength ( $\beta$  value) of confidence serial 181 dependence was higher in the repeat-hand condition (t(41) = 4.9, p = .00002, Cohen's d = .75; 182 183 Figure 2). These results were replicated in Experiment 2. Specifically, confidence leak was significant for both repeat-hand (average  $\beta = .34$ , t(49) = 18.6, p = 7.32 x 10<sup>-24</sup>, Cohen's d = 184

185 2.62) and switch-hand trials (average  $\beta = .25$ , t(49) = 10.2, p = 9.25 x 10<sup>-14</sup>, Cohen's d = 1.44), 186 but was crucially higher for repeat-hand trials (t(49) = 3.92, p = .0002, Cohen's d = .55). These 187 results show that switching the motor response weakens confidence serial dependence.



## Confidence leak strength

Figure 2. Confidence leak strength decreases for switch-hand trials. Confidence serial
dependence was significantly lower for switch-hand compared to repeat-hand trials. Confidence
serial dependence strength was quantified as the beta value in a lag-1 linear regression. Lines and
small circles show individual subject data. Error bars depict SEM.

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194 We ran the same analyses for the main perceptual decision (left vs. right Gabor patch

tilt). Regular choice serial dependence was significant for repeat (average  $\beta = .12$ , t(49) = 7.03, p

196 = 1.47 x 10<sup>-8</sup>, Cohen's d = 1.08) and switch (average  $\beta = .08$ , t(49) = 5.04, p = 9.71 x 10<sup>-6</sup>,

197 Cohen's d = .77) trials. Just like with confidence leak, repeating the motor response significantly

- increased the strength of serial dependence (t(41) = 3.5, p = .001, Cohen's d = .54). In
- 199 Experiment 2, the same was true for repeat (average  $\beta = .1$ , t(49) = 7.85, p = 3.20 x 10<sup>-10</sup>,
- 200 Cohen's d = 1.11) and switch (average  $\beta = .06$ , t(49) = 4.91, p = 1.04 x 10<sup>-5</sup>, Cohen's d = .69)

trials. Once again, the difference between the two conditions was significant (t(49) = 4.89, p = .00001, Cohen's d = .69). These results indicate that although the choice serial dependence was much weaker than confidence leak, the motor response modulated both effects to a similar degree (average Cohen's d was .62 for choice serial dependence and .65 for confidence leak).

205 To better understand what drives the hand-switching effect on confidence leak, we 206 investigated how hand-switching affected accuracy, confidence, metacognitive sensitivity, and 207 RT. We found that repeating vs. switching the hand response did not affect accuracy (Expt 1: t(41) = .581, p = .564; Expt 2: t(49) = -.538, p = .593), confidence (Expt 1: t(41) = .31, p = .758; 208 Expt 2: t(49) = 1.37, p = .175), or meta-d' (Expt 1: t(41) = 0.002, p = .998; Expt 2: t(49) = 0.42, 209 210 p = .671). These results suggest that switching the response hand does not impair the first-order 211 representation of the stimulus and does not make confidence more in line with the current 212 sensory evidence (meta-d').

213 However, as would be expected, RT was significantly lower for repeat-hand than switchhand trials (Expt 1: t(41) = 11.67,  $p = 1.29 \times 10^{-14}$ , Cohen's d = 1.8; Expt 2: t(49) = 14.49, p = 14.49, p214 2.39 x 10<sup>-19</sup>, Cohen's d = 2.05). These results suggest the possibility that the stronger confidence 215 216 leak effect in repeat-hand trials is because these trials were closer in time. However, if proximity 217 in time indeed causally affects the strength of confidence leak, we would expect that the strength 218 of confidence leak would be modulated by factors that affect RT. Contrary to this prediction, we 219 found that even though low-contrast stimuli led to higher RT (Expt 1: t(41) = 4.73,  $p = 2.63 \times 10^{-1}$ 220 <sup>5</sup>, Cohen's d: 0.73; Expt 2: t(49) = 6.001,  $p = 2.32 \times 10^{-7}$ , Cohen's d: 0.84), they did not affect the confidence leak strength on the next trial (Expt 1: t(41) = -.34, p = .732; Expt 2: t(49) = -.61, p = .732; Expt 2: t(49) = -.61; p = .732; p = .732221 222 .542). Similarly, although RT was longer in the first vs. second half of the experiments (Expt 1: 223 t(41) = 4.02, p = .0002, Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ , Cohen's d = 0.62; Expt 2: t(49) = 13.24,  $p = 8.32 \times 10^{-18}$ ; Cohen's d = 0.62; Expt 2: t(49) = 13.24; Expt 2: t(49) = 13.24; Expt 3: t(49) = 13.24; Ex

1.87), there was no difference between the confidence leak strength for the two halves of the experiments (Expt 1: t(41) = 7.74,  $p = 1.50 \times 10^{-9}$ , Cohen's d = 1.19; Expt 2: t(49) = 14.4,  $p = 3.13 \times 10^{-19}$ , Cohen's d = 2.04). Therefore, RT is unlikely to causally affect the strength of confidence leak.

#### 228 **3.3.** Confidence leak strength is lower when the prior response is made with the left hand

As reviewed earlier, confidence judgments are known to be modulated by the motor effort of the response (Gajdos et al., 2019; Faivre et al., 2020). Correspondingly, one may expect that motor effort would mediate confidence leak as well. In Experiment 1, this type of effect should lead to lower confidence leak when subjects used the left hand on the previous trial because that is the non-dominant hand for about 90% of people (Raymond et al., 1996). Indeed, we found that confidence serial dependence was significantly weaker when using the left hand in a previous trial (t(41) = 3.7, p = .0006, Cohen's d = .57) (Figure 3).

236 In contrast to Experiment 1, the design in Experiment 2 is more complex, which allows 237 for different predictions. On one hand, one may postulate that motor costs are higher for left-238 hand responses (since the left hand is usually non-dominant) and therefore predict higher 239 confidence leak when the right hand was used on the previous trial. On the other hand, one may 240 postulate that motor costs are higher for right-hand responses (since people used their right hand 241 to give responses via the mouse, and making responses with a mouse requires more complex 242 motor action) and therefore predict higher confidence leak when the right hand was used on the 243 previous trial. To find out which prediction is correct, we performed the same analyses for 244 Experiment 2 as in Experiment 1. We found weaker confidence leak when using the left hand on the previous trial (t(49) = 3.9, p = .0003, Cohen's d = .55), which is consistent with the expected 245

effects of hand-dominance but contrary to the expected effects of increased motor complexity
due to using the mouse. Together, these results demonstrate that motor effort can modulate
confidence leak strength, and suggest that the hand dominance effect has a stronger influence
than the means by which the response is given.



Confidence leak strength by hand used on previous trial

Figure 3. Confidence leak is weaker for left-handed previous responses. We found overall
weaker confidence serial dependence for the left hand in a previous trial. The effect was present
in both experiments irrespective of the type of motor response. Error bars depict SEM.

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One possibility is that the hand dominance effect on confidence leak may be driven by differences in confidence on the previous trial for left- vs. right-hand responses. Indeed, increased motor cost has previously been associated with higher confidence (Turner et al., 2021; Sanchez et al., 2024). We found that left-handed responses resulted in higher confidence in Experiment 1 (t(41) = 3.1, p = .003, Cohen's d = .48; Figure 4) but marginally lower confidence in Experiment 2 (t(49) = 1.7, p = .08). This flip in the effects between Experiments 1 and 2 is likely due to the fact that in Experiment 2, right-hand responses were given with the mouse, 262 which may make them have higher motor cost. Although these results are consistent with the 263 idea that motor cost promotes higher confidence, they are not consistent with the conjecture that higher confidence on costly trials will diminish confidence leak. This conclusion is further 264 265 reinforced by the finding that switching the hand does not affect confidence (see previous 266 section). the effect of hand dominance on average confidence did not extend to hand switching, 267 once again pointing towards the idea that hand dominance and action complexity should be 268 grasped as two separate motor cost variables. Namely, left-handed responses on the previous trial weakened confidence leak in both Experiment 1 and Experiment 2, irrespective of the 269 270 complexity of the action.



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Figure 4. Confidence is higher for the more costly motor response. Confidence was higher
for left-handed responses in Experiment 1. We found higher confidence on average when the
decision was reported via the non-dominant hand. Similarly, there was a trend towards higher
confidence for the more costly motor action (mouse response) in Experiment 2. Error bars depict
SEM.

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278 Lastly, we checked whether the effect of left- and right-handed responses on confidence 279 leak extended to the 2-back trial. We first ran a repeated-measures ANOVA with hand used on 280 trial N-1 and trial N-2 as predictors of confidence leak. Consistent with our previous results, the 281 hand prompt on trial N-1 had a significant effect on confidence leak in Experiment 1 (F(1, 41) =12.94, p = .0009,  $\eta_p^2 = .23$ ) and in Experiment 2 (F(1, 49) = 14.92, p = .0003,  $\eta_p^2 = .23$ ). 282 However, the hand used on trial N-2 did not affect the strength of confidence leak in either 283 284 Experiment 1 (F(1, 41) = 2.16, p = .148) or Experiment 2 (F(1, 49) = 0.07, p = .779). Together, these results suggest that confidence leak is only influenced by the current and the immediately 285 286 preceding motor action.

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## 288 Discussion

Confidence leak is a temporal judgment bias where confidence in a current trial can be 289 290 predicted based on confidence from the preceding trial. It has been shown to occur across various 291 tasks (Rahnev et al., 2015) and cognitive domains (Mei et al., 2023; Kantner et al., 2019; 292 Aguilar-Lleyda et al., 2021). However, it is unclear whether the strength of this bias can be 293 artificially reduced. We created a perceptual task where subjects were required to discriminate 294 between two Gabor orientations by unpredictably switching the motor response. Across two 295 experiments, we found that confidence leak decreases with switching the hand used to give the 296 response. Moreover, we showed that confidence leak was weaker whenever the left hand was 297 used in the previous trial, irrespective of motor action complexity. These results suggest that the 298 degree of confidence leak can be modulated by the motor aspects of the task.

299 The fact that switching the motor response decreased the strength of confidence leak is in 300 line with prior research on the motor influences on confidence itself. Indeed, as discussed in the 301 Introduction, multiple studies have demonstrated that our motor actions can influence confidence 302 judgments (Fleming et al., 2015; Gajdos et al., 2019). Specifically, Fleming et al. showed that 303 TMS stimulation of motor areas associated with the unchosen response reduced confidence in 304 the correctness of the perceptual decision. Further, confidence has been found to be significantly 305 higher in trials with EMG-recorded subthreshold motor activity (Gajdos et al., 2019). Together, 306 these results support the general decision-making argument that decisional variables are passed 307 onto the motor system before a decision is made (Selen et al., 2012; Kubanek & Kaplan, 2012). 308 However, our results build on this understanding of perception-action modulations by showing 309 that motor changes can behaviorally disrupt confidence serial dependence across trials while 310 keeping perceptual performance and metacognitive sensitivity intact.

311 We found that using the left hand in a previous trial reduced confidence leak. In other 312 words, confidence judgments made with the left hand are less able to influence subsequent 313 confidence judgments (regardless of which hand is used in the subsequent judgment). One 314 possible interpretation of this finding is that using one's non-dominant hand to indicate a 315 decision incurs motor cost (note that while we did not record hand dominance, the right hand is 316 dominant for about 90% of the population; Raymond et al., 1996). The motor cost associated 317 with the use of one's non-dominant hand may interfere with the strength of the encoding of the 318 confidence judgment. Specifically, if more attention and cognitive resources are devoted to the 319 response action, there may be fewer resources left for encoding the confidence variable, which 320 would then reduce the influence of the current confidence judgment on subsequent decisions. 321 This interpretation is in line with previous findings that motor cost can influence perceptual

decisions (Marcos et al., 2015; Hagura et al., 2017). Our findings suggest that higher motor cost
not only influences the current perceptual decision but also interferes with the process of using
the decision (and its associated confidence) in subsequent decision-making.

325 There are important implications of confidence leak modulation. In general, confidence 326 leak can be cast as a type of metacognitive noise (Shekhar & Rahnev, 2021a; 2021b; 2024). That 327 is, confidence leak induces noise in the confidence criteria by pulling them up or down based on 328 the confidence in the previous trial (Rahnev et al., 2015). Therefore, the fact that increasing the 329 motor costs can reduce confidence leak suggests that it should also reduce metacognitive noise. 330 That said, the reduction of confidence leak in the current experiments was insufficient to cause a 331 significant increase in metacognitive sensitivity. Nevertheless, low confidence leak has been 332 shown to correlate with metacognitive sensitivity (Rahnev et al., 2015), and therefore motor 333 manipulations hold promise for reducing metacognitive noise.

334 Our results raise the question as to whether other manipulations can also modulate 335 confidence leak. Prior research has demonstrated that confidence ratings themselves can be 336 influenced by a variety of factors such as arousal level (Allen et al., 2016; Hauser et al., 2017), 337 brain stimulation (Rounis et al., 2010; Fetsch et al., 2014; Shekhar & Rahnev, 2018; Xue et al., 338 2023), evidence volatility (Zylberger et al., 2016; Boldt et al., 2017), and stimulus uncertainty 339 (Kiani et al., 2014; Zylberger et al., 2014; de Gardelle & Mamassian, 2015; Spence et al., 2018). 340 It is reasonable to hypothesize that some of these factors would affect not only the confidence on 341 the current trial but also the strength with which the confidence on the current trial influences 342 confidence on the subsequent trial. We expect that future studies will demonstrate additional 343 influence on confidence leak beyond the motor costs examined in the current study.

344	In conclusion, we showed that confidence serial dependence can be modulated by
345	switching the motor response in a perceptual task. In addition, we found weaker confidence leak
346	when the non-dominant hand was used in the previous trial. Together, these results demonstrate
347	that the action required to make a choice influences future metacognitive judgments.
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350	Declarations
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354	Conflicts of interest
355	The authors have no competing interests to declare that are relevant to the content of this article.
356	Ethics approval
357	The study was approved by the Institutional Review Board of the Georgia Institute of
358	Technology.
359	Consent to participate
360	All participants provided written consent to participate in the study.
361	Consent for publication

362 All participants signed informed consent to publish their data.

## 363 Availability of data and materials

- 364 The data and materials for all experiments are available at <u>https://osf.io/qjwdx/</u> and none of the
- 365 experiments were preregistered.

## 366 Code availability

367 Not applicable.

# 368 Authors' contributions

- 369 Dobromir Rahnev conceived, programmed and conducted the experiment; Michaela Bocheva
- 370 conceived, ran and interpreted the analyses; Michaela Bocheva and Dobromir Rahnev wrote the

371 manuscript.

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